

## **Brian Sweet Predictor 10k, Tuesday 26 February 2019, 7.10pm prompt**

**Brian Sweet** was a long-standing member of Ilkley Harriers. He led club runs for new members every week for over two decades, introducing hundreds of runners to the sport. He continued running until reaching the age of 80. He died in 2017.

### **Route**

**Start:** Junction of Nestfield Road and Langbar Road, Ilkley at 7.10pm prompt

**Finish:** Easby Drive.

**Total distance:** 10k (6.2 miles)

**Entries:** Enter by completing the sign-up sheet at Tuesday club nights, Monday evening circuit training or Thursday track sessions, giving your name and estimated race time in minutes and seconds. Entries are free of charge. This is a club event for adult members of Ilkley Harriers only.

**Late Entries:** Entries will be accepted in Langbar Road on the run night. Please see Bernie Gibbons no later than 7.00pm.

**Prizes** to the three male and three female runners whose estimated time is closest to their recorded finish times. No looking at timepieces during the run! Prizes will be presented at club night on Tuesday 5 March.

**Safety:** Wear reflective clothing and beware of traffic. This run takes place on public roads which will be open to traffic throughout.

**No club runs on 26 February:** Whilst Ilkley Tennis Club will be open for changing and showers, no runs will be organised by the club on Tuesday 26 February other than the *Brian Sweet Predictor 10k*. There will be no announcements at Ilkley Tennis Club on the evening.

### **Detailed route notes**

**Start:** Junction of Nestfield Road and Langbar Road, Ilkley at 7.10pm prompt

Run down Langbar Road as it swings left to the roundabout north of the old bridge. Turn left up Clifford Road and turn right at the junction into Rupert Road. Run east all the way to the T-junction with Middleton Avenue. Turn right into Middleton Avenue and run over the junction with Denton Road, passing Ilkley Rugby Club on your left. Head up New Brook Street to the junction with the A65. Cross at the traffic lights and turn left into Leeds Road. Bear right at the Ilkley Cinema into Little Lane. Pass Hartley's Auction Rooms and the abattoir on your right. Carry straight on at the junction with Mayfield Road and continue to the end of Little Lane. Pass Sacred Heart Primary School on your left and run straight on along Valley Drive all the way to the T-junction at Wheatley Lane. Turn right into Wheatley Lane and run up under the railway bridge into Ben Rhydding. Turn right into Bolling Road and continue west as far as St John's Church on your left. Turn left and run up Margerison Road bearing left at the junction with Clifton Road. Run up to the T-junction with Ben Rhydding Road. Turn right into Ben Rhydding Road and head west all the way to the junction with Wheatley Road. Cross Wheatley Road and turn right into Cowpasture Road to run down alongside Ilkley Grammar School on your right. Turn left into Crossbeck Road and follow it all the way to the T-junction with Wells Road. Turn left into Wells Road, passing over a cattle grid. Continue ahead with Ilkley Moor on your left. Cross a second cattle grid and turn right into Queens Road, following it down and right as far as St Margaret's Church. Turn sharp left down Princess Road. At the bottom of Princess Road turn left into Parish Ghyll Drive. Follow Parish Ghyll Drive as far as the junction with Eaton Road. Swing left at Wilton Road, following it down to the junction with Grove Road. Turn left into Grove Road and run west as far as Victoria Avenue. Turn right at Victoria Avenue and then left into Kings Road. Follow Kings Road as it swings right and then left to the T-junction with Beverley Rise. Turn left up Beverley Rise and left again at the junction into Grove Road. Run east along Grove Road as far as the junction with Victoria Avenue. Turn left into Victoria Avenue, retracing your steps for a short distance to the crossroads. Turn right into Kings Road, then left into Easby Drive and down to the finish outside the gates of All Saints Primary School.

**Finish:** Easby Drive.

**Total distance:** 10k (6.2 miles)