

England Athletics subscription - it costs us each £12/ year*, in our membership fee, what are the benefits? This is a summary of what EA tell us:

EA has three core objectives:

- 1 To increase participation across a wide cross-section of the community
2. To improve the quality of experience of every participant
3. To support the development of the next generation of champions

It aims to do this by providing the following benefits and features:

Coaching and education; delivery of subsidised licensed coach courses, with resources and up-dated training, seminars and mentoring for coaches. This is most valued by our run leaders and, of course is a major reason why we join a club, to help with our motivation and improvement through training with such knowledgeable, experienced volunteers.

Supporting races organised by clubs; race licensing through runbritain and organiser training with encouragement to provide entry fee discounts for EA affiliated runners (ie us) of a minimum of £2 per race, although it could be more and is for a number of events.

EA also supports events like parkrun, Cancer Research UK Race for Life, The National Trust night runs and others, which we can use freely.

Developing talent and competition; introducing young people via the club-schools link and working with individual athletes and representative teams at regional and international level for all ages including providing competitions, specialised expert coaching and facilities.

Supporting clubs and athletics with welfare issues like safeguarding children and vulnerable adults, providing disabled athlete pathway and programmes, providing insurance to coaches and organisers and free access for clubs to legal and financial services.

EA signposts a newbie to their nearest club i.e. Ilkley Harriers. We pay a £100 fee to be affiliated and, once you've paid your membership fee, we automatically register you with EA. You may set up your own "MyAthletics portal" where you can access the online rankings system Power of 10 via runbritain and discount offers e.g. £15 off Sweatshop running shoes and special offers from New Balance, Sunwise, BUPA and others.

www.englandathletics.org/

* 2015 fee

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