

2009 ROAD RACE RANKINGS

5K					5K						
	MEN	CAT.	TIME	EVENT	DATE		WOMEN	CAT.	TIME	EVENT	DATE
1	Lee Morley	M35	17:06	John Carr 3	20-May	1	Sally Morley	F35	18:11	John Carr 2	13-May
2	Lawrence Basham	M35	17:14	John Carr 3	20-May	2	Brit Tate	FJ	19:23	John Carr 3	20-May
3	Steve Weston	M40	17:25	John Carr 2	13-May	3	Jenny Dybeck	FJ	19:32	John Carr 3	20-May
4	Dave Wilby	M	17:49	HPTT	22-Aug	4	Diane Haggard	F40	20:09	Lancaster	29-Aug
5	Andy Wiggans	M45	17:54	John Carr 3	20-May	5	Alison Bennett	F45	20:19	John Carr 3	20-May
6	Justin Phillips	M	17:56	HPTT	12-Dec	6	Rachel Wolfenden	F	20:41	Rupert Road	03-Nov
7	Nick Richardson	M35	18:04	Rupert Road	03-Nov	7	Jane Bryant	F40	20:49	Rupert Road	03-Nov
8	Dave Jepson	M45	18:14	John Carr 3	20-May	8	Jann Smith	F35	21:24	John Carr 2	13-May
9	Stephen Coy	M35	18:15	John Carr 3	20-May	9	Angela Srivastava	F40	21:34	John Carr 1	06-May
10	Henry Heavisides	M50	18:16	John Carr 3	20-May	10	Sue Bickerdike	F40	22:46	John Carr 3	20-May

10K					10K						
	MEN	CAT.	TIME	VENUE	DATE		WOMEN	CAT.	TIME	EVENT	DATE
1	Lee Morley	M35	35.11	Rothwell	04-May	1	Sally Morley	F35	37.16	Rothwell	04-May
2	Jamie Hutchinson	M35	35.53	Abbey Dash	22-Nov	2	Alison Bennett	F45	40.35	Dewsbury	01-Feb
3	Justin Phillips	M	36.01	Ribble Valley	27-Dec	3	Rachel Wolfenden	F	41.07	Abbey Dash	22-Nov
4	Lawrence Basham	M35	36.14	Rothwell	04-May	4	Jane Bryant	F40	41.22	Abbey Dash	22-Nov
5	Richard Reeve	M50	36.53	Abbey Dash	22-Nov	5	Helen Horton	F45	43.22	Abbey Dash	22-Nov
6	Jonathan Sinclair	M45	37.08	Abbey Dash	22-Nov	6	Jane McCarthy	F35	43.34	Abbey Dash	22-Nov
7	Andy Wiggans	M45	37.14	Ribble Valley	27-Dec	7	Jann Smith	F35	44.28	Abbey Dash	22-Nov
8	Henry Heavisides	M50	37.19	Ribble Valley	27-Dec	8	Rebecca Stapleton	F	45.26	Ribble Valley	27-Dec
9	Stephen Coy	M35	37.32	Abbey Dash	22-Nov	9	Sharon Meadows	F35	47.06	Abbey Dash	22-Nov
10	Paul O'Looney	M40	37.43	Abbey Dash	22-Nov	9=	Karen Lambe	F35	47.06	Bradford	29-Mar

10 MILE					10 MILE						
	MEN	CAT.	TIME	EVENT	DATE		WOMEN	CAT.	TIME	EVENT	DATE
1	Steve Turland	M40	61.29	Thirsk	29-Nov	1	Sally Malir	F45	68.47	Eccup	12-Jul
2	Chris Gale	M	61.51	Eccup	12-Jul	2	Jane Bryant	F40	71.22	St.Annes	15-Mar
3	AndyWiggans	M45	62.27	Bradford	18-Oct	3	Rebecca Mon-Williams	F35	73.06	Eccup	12-Jul
4	Nick Richardson	M35	62.56	Otley	10-Jun	4	Jann Smith	F40	74.09	Garstang	06-Dec
5	Henry Heavisides	M50	63.01	Thirsk	29-Nov	5	Kay Pearce	F	74.13	Otley	10-Jun
6	Richard Reeve	M50	63.55	Bradford	18-Oct	6	Chris Matthews	F55	77.09	St.Annes	15-Mar
7	Richard Joel	M40	64.25	Otley	10-Jun	7	Karen Lambe	F35	80.88	Bradford	18-Oct
8	Justin Phillips	M	65.34	Eccup	12-Jul	8	Janet Grace	F40	84.14	Otley	10-Jun
9	Jack Wood	M	65.35	Otley	10-Jun	9	Brenda Ogden	F40	86.43	Otley	10-Jun
10	Neil Chapman	M50	67.20	St.Annes	15-Mar	10	Fiona Schneider	F50	88.34	Bradford	18-Oct

1/2 MARATHON					1/2 MARATHON						
	MEN	CAT.	TIME	VENUE	DATE		WOMEN	CAT.	TIME	VENUE	DATE
1	Jonathan Sinclair	M45	81.15	York	18-Jan	1	Sally Malir	F40	86.37	York	18-Jan
2	Justin Phillips	M	81.23	Royal Parks	11-Oct	2	Jane Bryant	F40	93.05	Leeds	10-May
3	Jamie Hutchinson	M35	81.34	Barcelona	08-Feb	3	Jann Smith	F40	97.03	Warrington	04-Oct
4	Nick Richardson	M35	81.49	Leeds	10-May	4	Angela Srivastava	F40	99.57	Leeds	10-May
5	Paul O'Looney	M40	81.56	Lancaster	08-Nov	5	Chris Matthews	F55	100.07	Wrexham	15-Feb
6	Andy Wiggans	M45	82.03	Leeds	10-May	6	Helen Horton	F	100.10	Palma	18-Oct
7	Stuart Pitches	M	82.11	York	18-Jan	7	Sue Bickerdike	F40	104.36	Palma	18-Oct
8	Richard Reeve	M50	83.31	Leeds	10-May	8	Liz Price	F40	107.44	Wrexham	15-Feb
9	Steve Weston	M40	85.15	York	18-Jan	9	Janet Grace	F	115.25	Keswick	03-May
10	John Atkinson	M45	86.47	Leeds	10-May	10	Fiona Schneider	F50	115.56	Leeds	10-May

MARATHON					MARATHON						
	MEN	CAT.	TIME	EVENT	DATE		WOMEN	CAT.	TIME	EVENT	DATE
1	Jeff Paget	M55	03:08:10	Luton	06-Dec	1	Sally Malir	F40	03:06:48	London	26-Apr
2	Steve Weston	M40	03:14:17	London	26-Apr	2	Diane Kitchen	F	03:43:09	London	26-Apr
3	Andrew Shinn	M	03:27:52	London	26-Apr	3	Liz Price	F40	03:55:42	Berlin	20-Sep
4	Simon Chapman	M	03:47:26	London	26-Apr	4	Fiona Schneider	F50	04:25:56	New York	17-May
5	Dave Taylor	M	03:55:32	London	26-Apr	5					
6	Pete Bedwell	M50	04:16:50	London	26-Apr	6					